



FLASH!

Alaska Recreation & Park Association Newsletter Issue No. 91 June 2003

Anchorage, Barrow, Bethel, Bettles, Big Lake, Coldfoot, Copper Center, Cordova, Denali Park, Dillingham, Douglas, Eagle River, Fairbanks, Girdwood, Glenallen, Gustavus, Homer, Houston, Juneau, Kenai, Ketchikan, King Salmon, Kodiak, Nikiski, Nome, North Pole, Palmer, Petersburg, Seward, Skagway, Soldotna, Tok, Unalaska, Valdez, Wasilla, Yakutat

President's Message

I would like to welcome all the new members of the Alaska Recreation and Park Association (ARPA). Becoming and staying a member of ARPA has many benefits and I hope you take advantage of the services ARPA provides its members. Our Annual Conference in October will offer many great training opportunities for all the sections within ARPA. We just completed a very successful Playground Safety Course in conjunction with the National Recreation and Park Association. We are continually trying to assess our services to our members and welcome any input or suggestions our members may have to better our association.

The ARPA Board, Section and Committee Chairs held a workshop in April to discuss how we could improve the services we now provide. I would like to thank Kim Kiefer for offering her services to facilitate the workshop. She did an outstanding job at keeping our group focused in coming up with a list of priorities the Board will work on in the upcoming year. The priorities the group set for next year are the efforts of all those present with all sections of ARPA being represented with an equal voice. ARPA's five top priorities include:

- 1. Quality Training to Membership:** The workshop group felt offering quality training to all sections is ARPA's primary mission. It is the goal of ARPA for 2004 to provide not only training at our Annual Conference but to see that each section offers training opportunities to its members at least one additional time during the year. John McCleary and Bill Overbaugh have volunteered to help the section chairs achieve this goal.
- 2. Training for Section Leaders:** In order for our Section Chairs to provide the leadership necessary to their sections, we need to offer training to those section chairs. Karen Kester has volunteered to plan a training session for our section chairs.
- 3. Organize Membership and Expand the Membership Committee:** Our membership has grown over the past few years and the effort it takes to track the membership in the different sections is very time consuming. Making sure new member renewal application forms are sent out, acknowledgment and member cards are sent on time, membership by sections are current and correct and the list can go on. These areas are vital to our organization as it gives our new members their first impression of ARPA and without accurate section membership our section leaders cannot perform their duties. Janie West and Kim Kiefer have volunteered to work at organizing our membership records and recruiting additional volunteers to serve on the membership committee.

Continued on Page 3

Alaska Recreation & Park Association

2003 Board of Directors/Chairs

Board of Directors

President

Jeff P. Hawley
Parks and Recreation Director
City of Cordova
(907) 424-7282 wk.
recdept@ctcak.net

President-Elect

Karl Kassel
FNSB Parks Superintendent
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Past President

Earl Wiese
wiese@gci.net

Treasurer

Nancy Peterson
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Secretary

Janie West
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Board Members At-Large

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Parks and Recreation Director
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Board Member At-Large

John McCleary
Recreation Director
Municipality of Anchorage
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Board Member At-Large

Karen Kester
Recreation Superintendent
North Kenai Rec. Svcs. Area
(907) 776-8800 wk
kkester@borough.kenai.ak.us

Lay Person/Citizen Board Chair

Steve Beardsley
Municipality of Anchorage
Parks and Recreation Commissioner
Anchorage, Alaska 99515
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Section Chairs

Wildlands Section

Bill Overbaugh
BLM Recreation Director
(907) 271-5508 wk
(907) 271-5479
bill_overbaugh@ak.blm.gov

Recreation Program Section

Ryan McFarland
Parks and Recreation Director
City of Petersburg
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Aquatics Section

Paige Appelo-Dilley
Mat-Su Borough Pool Manager
(907) 745-0207 wk
paige.appelo-dilley@msb.co.mat-su.ak.us

Therapeutic Recreation Section

Danielle Dittmer CTRS
Therapeutic Recreation Coordinator
Challenge Alaska
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challenge.trp@acsalaska.net

Park Maintenance Section

Thomas Martin
FNSB Parks Caretaker
(907) 459-1078 wk
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Committee Chairs

Education and Training Co-Chairs
Kim Kiefer
kim_kiefer@mail.ci.juneau.ak.us

Karin Sturdy
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ksturdy@cityofseward.net

Membership

Janie West
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Nominations

Jeff Hawley
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Publications – FLASH

Dave Lewis
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Awards

Bob Frates
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Legislative - State

Kim Kiefer
kim_kiefer@mail.ci.juneau.ak.us

Constitution and By-Laws

Karl Kassel
kkassel@co.fairbanks.ak.us

Legislative – National

Nancy Peterson
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Historical

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Benefits & Certification Prof. Develop.

Wendie Marriott
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Earl Wiese
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Web-Site

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President's Message (Continued from Page 1)

- 4. Membership Building:** ARPA would like to continue to expand our membership base in each of our sections. Outreach to other community organizations and agencies that may benefit from our training sessions will continue. Danielle Dittmer and Paige Dilley have volunteered to work at getting our mission and goals out to other organizations when we have pertinent training that would benefit those agencies.
- 5. Administrative Improvements:** In order for any organization to be successful it needs to be on a firm foundation administratively. Keeping track of financial matters, by-laws, elections of officers, meeting agenda's, and promotion of ARPA's goals and objectives all need to be reviewed annually to ensure ARPA is in compliance and following our by-laws as an organization. Researching the cost and job duties of an Executive Director and contracting out our accounting areas will also be reviewed. Jeff Hawley and our current President elect Karl Kassel will report back to the Board at the Annual Conference in October.

The group at the workshop selected September 15th as the due date for submitting written progress reports on what they have accomplished. The Board will take up their recommendations at its meeting in October during the Annual Conference. Any members who would like to help with these priorities may contact the responsible member I listed above or call me at 424-7282 for more information.

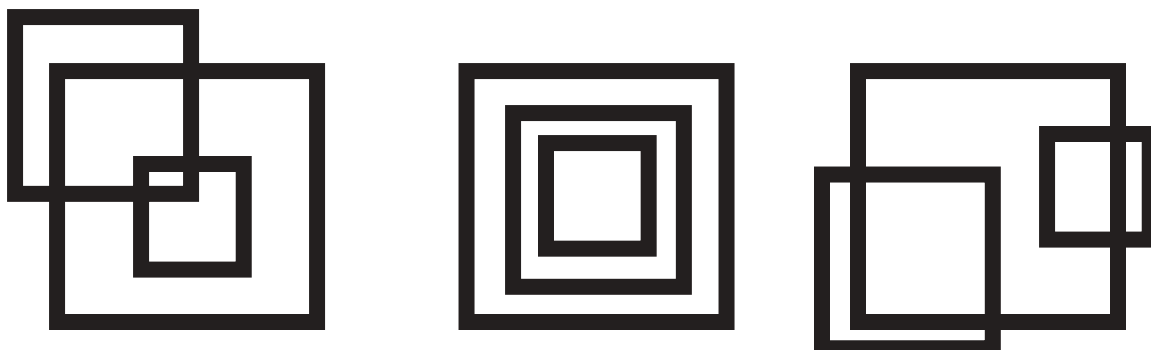
Remember to always think outside the box...

You are driving along in your car on a wild and stormy night. You pass by a bus stop, and you see three people waiting for the bus: 1. An old lady who looks as if she is about to die. 2. An old friend who once saved your life. 3. The perfect mate, man or woman you have been dreaming about all your life. Which one would you offer a ride to, knowing that there could be only one passenger in your car? Think before you continue to read. This is a moral/ethical dilemma!! You could pick up the old lady, because she is about to die, and thus save her first; or you could take your old friend because he once saved your life, and this would be the perfect chance to pay him back. However, this would mean you would never have another chance at finding your perfect mate and dream lover again.

This was used as an actual part of a job application. The candidate who was hired (out of 200 applicants) had no trouble coming up with his answer. WHAT DID HE SAY? He simply said, "I would give the car keys to my old friend, and let him take the old lady to the hospital. I would stay behind with the woman of my dreams and wait with her for the bus!" Never forget to "THINK OUTSIDE OF THE BOX"!!!!

Have a great summer and I look forward to seeing everyone at ARPA's Annual Conference in October.

Jeff Hawley, ARPA President





National Recreation and Park Association News

Visit the NRPA website: www.nrpa.org for information on programs, grants and resources, public policy updates, Sports Illustrated partnership, July is Parks and Recreation month, Urban Youth Initiative and more!

New NRPA Executive Director, John Thorner, (bio in April NRPA magazine) and the **NRPA Board of Trustees** (including trustee Bob Robertson from Anchorage) met the week of May 26th in Coral Gables, Florida. They worked very hard in committees and as a group to address public policy, citizen development, budget and finance challenges, technology, membership and more.

The NRPA Pacific NW Regional Council and the Pacific NW State Association boards met in La Conner, WA, May 21-24, for our **5th Leadership Summit**. John McCleary, who is also Chair-elect of the regional council, aptly represented you. Board members from Alaska, British Columbia, Idaho, Oregon and Washington met to talk about board governance models, the California VIP plan for the profession and implementation strategies, (www.cprs.org) NRPA youth programs (www.nationalyouthcongress.org) and legislative advocacy. The Executive Directors of California, Oregon, Washington and British Columbia were in attendance.

Brag about your community: Each month the NRPA Parks and Recreation magazine has a section dedicated to regional news. Share innovative programs, partnerships, success stories, trends, challenges and email to skalish@nrpa.org

Training and Education: The NRPA Reitz Marketing and Revenue School will be held in San Diego, September 14-18, 2003. The brochure is

online at www.nrpa.org. Go to Regions>Pacific> Training. **Three Scholarships** for the First year program are available and include registration and hotel. Send a letter stating why you would like a scholarship; resume; and two letters of intent by July 1 to the NRPA Pacific Service Center: nrpapac@aol.com or NRPA, 350 S. 333rd St. #103, Federal Way, WA 98003.

Mark your calendars also for the **NRPA Community Leadership School** in Palm Springs in early December. Location and details will be available at the end of June. This will be one of the most innovative trainings programs you may ever have an opportunity to attend. This program is about important skills we all need for our work in communities, such as, facilitation skills, community development, presentation skills, measuring outcomes, decision making and risk taking. Re-energize, gain new perspective and enthusiasm personally and professionally! Registration scholarships are available for young leaders.

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Land News

WebCast on Facilities Accessibility Guidelines

The National Center on Accessibility has produced a webcast. The distance-learning program was created to generate greater awareness of the new rules while giving people the opportunity to sit in on presentations directly from the U.S. Access Board. The program is now available for viewing at www.ncaonline.org. Highlighted are sports facilities, golf courses and miniature golf courses, amusement rides, boating and fishing facilities, and swimming pools during the 7 to 15 minute video segments. The video stream program can be viewed with Real Player.



2003 Land Calendar

- 6/26-29/03 International Trails and Greenways Conference, Providence, RI, 202-331-9696 or <http://www.railtrails.org/>.
- 8/2-6/03 Scenic Summit: Action for America's Communities, Countryside, and Public Lands, Denver, CO, <http://www.scenicsummit.org/>.
- 8/22-25/03 Ninth Conference on National Scenic and Historic Trails, Bow, WA, Gary Werner at Nattrails@aol.com.
- 9/19-20/03 National Association of State Trail Administrators Meeting, Indianapolis, IN, Contact: Stuart Macdonald at mactrail@aol.com.
- 9/22-25/03 The National Center on Accessibility "Retrofitting for Accessibility" in Gatlinburg, TN. Go to www.ncaonline.org.
- 10/15-18/03 Alaska Recreation & Parks Association Annual Conference, Anchorage, AK. To be held in conjunction with the River Management Society & State Trails Symposium. The conference will have an International Theme.
- 10/21-25/03 2003 NRPA Congress and Exposition, St Louis, MO, 703-858-2184 or <http://www.nrpa.org/>
- 11/8-12/03 National Interpreters Workshop, Reno, NV, www.interpnet.com, or 888-900-8283.
- 11/17-21/03 "Joint Ventures: Partners in Stewardship" Conference, Los Angeles, CA Contact: www.partnerships2003.org.



Land News

A service of the Wildlands Section of the Alaska Recreation & Parks Association for news of upcoming events, technical information, networking and interagency coordination.

Accessible Practices Exchange The Association of Science - Technology Centers puts out an electronic newsletter titled "Accessible Practices Exchange." It contains practical ideas on accessibility issues including pictures and write-ups on personal experiences. The newsletter is produced through a grant and is FREE! Go to: www.astc.org/ap/topics.htm for information on signing up for the newsletter.

Directory of Environmental Educators Alaska Natural Resources & Outdoor Education association is creating a directory of environmental educators on their web site as a resource to members and the public at www.anroe.org. Submit the following contact information: Name, Address, Phone, Fax, Email and organization/occupation. Please also include a short statement pertinent to your EE work that you would like to share with viewers. Contact Eric Wade at admin@anroe.org or 907-376-0970.

Fifth International Congress on Arctic Social Sciences Announcing a special session on Restoring and Protecting Relationships with Wilderness in the North in May, 2004 in Fairbanks. Focus is on including rural native and non-native people with strong relationships to wilderness resources, federal agency land use planners who consider all values of these places (including economic, recreation, biological and traditional), and nongovernmental organizations with a stake in conservation and community values. The session will provide an opportunity to build understanding, cooperation and strategy for presenting this unique challenge to the larger wilderness advocacy, stewardship and academic community during the 2004 40th Anniversary of the U.S. Wilderness Act and the 2005 World Wilderness Congress. In addition, a special issue of the *International Journal of Wilderness* focusing on Alaska in August 2004 is planned. If you have ideas and want to be involved, contact Alan Watson at awatson@fs.fed.us, (406) 542-4197 or Lil Alessa at afla@uaa.alaska.edu, (907) 786-1507.

Training Opportunity!

Teacher of Adapted Aquatics & Teaching Assistant in Adapted Aquatics Credential

AAALF Aquatic Council Master Teacher: Dr. Monica Lepore

Classroom/Pool Learning

Tuesday- Friday, July 8-11, 2003

8 a.m. - 2 p.m.

Sponsored by AAHPERD-AAALF

in Cooperation with Matanuska-Susitna Borough Aquatic Programs

For more information contact Page Dilley, Palmer Pool Aquatics Director at (907) 745-0207. Registration is also available at mnmllepore@aol.com. Registration must be completed and paid by June 28, 2003.

Text book is available at the Palmer Pool or by ordering through www.humankinetics.com - Adapted Aquatics Programming LEPORE, GAYLE & STEVENS (1998)

Read Chapters 1, 3, 4, 6-9 and answer chapter questions before the first class.

Practicum: Choose either Monday-Tuesday, July 21-22 1-3p.m. **or**

Wednesday-Thursday, July 23-24 1-2 p.m

NAME: _____ PHONE: (h) _____ (w) _____

ADDRESS: _____

EMAIL: _____

Describe your background in teaching aquatics/adapted aquatics:

_____ CHECK HERE IF YOU ARE REGISTERING FOR TEACHER OF ADAPTED AQUATICS –YOU MUST ATTACH THE FOLLOWING:

- Current instructor certification by recognized aquatic agency;
- Current first aid and current CPR certification;
- \$35 check to AAALF ADAPTED AQUATICS SPECIALTY;
- \$150 check to Dr. Monica Lepore

_____ CHECK HERE IF YOU ARE REGISTERING FOR TEACHING ASSISTANT IN ADAPTED AQUATICS, the following prerequisites must be met the first night:

- Successful completion of the following swim test – Jump into deep water, tread 2 minutes, swim continuously 10 yards in a prone position, reverse and return using a stroke in supine.
- \$15 check to AAALF ADAPTED AQUATICS SPECIALTY
- \$150 check to Dr. Monica Lepore

Textbook included.

All participants who wish to receive the credential must be able to support children, teens and adults in the pool and provide assistance to individuals in transferring to and from pool deck and lift. In addition they must pass the final exam and actively participate in ALL hours of instruction and practicum. Individuals who need reasonable accommodations according to the Americans with Disabilities Act of 1990, must request accommodations at least 1 week prior to the beginning of the course.



Pool Survey Results

The surveys came in before the end of April 2003 and I was very pleased with the responses. I sent out 38 surveys and received 27 back. I used a pool address list that was compiled a few years ago and only four were returned as undeliverable.

For those who never saw the survey, I asked for feedback on training areas that would be important in our next ARPA conference.

Listed in order of importance, the training areas are:

- Aquatic Programming
- Emergency Action Plans
- Risk Management
- In House Training
- Water Safety Instruction
- Recruitment Techniques
- Lifeguarding Techniques
- Back boarding Techniques
- Sexual Harassment Prevention

I also needed input on Certifications. How many professionals out there were interested in receiving certifications and in what areas?

Also in order of importance:

- Lifeguard Facility Management (scored highest)
- CPR/First Aid Instructor Trainer
- Lifeguard Instructor Trainer
- Certified Pool/Spa Operator
- Hazardous Materials Response
- Water Safety Instructor Trainer
- Adapted Aquatics
- Senior Fitness
- Water Aerobics
- AMSEA Boating Safety

Hoonah requested information on starting a swim team and additional training that would benefit the facility. The pool manager in Hoonah is new and is looking forward to attending.

Another survey came back with ideas for presentations on Starfish Aquatic Institute, Lifesaving Resource Inc., a session specifically dealing with body piercing and

information on Lifeguarding games and new ideas for in-service training.

A few of the completed surveys commented that there was not enough money in their budgets for travel. ARPA has scholarships! Check it out! There's information on the website www.alaskarpa.org.

Another survey came back from a community who has a manager who has been a CPO for 10 years but didn't know about ARPA.

Other comments and requests for information:

- Geriatrics or people with disabilities
- WSI courses and boating courses
- Staff recruitment
- Sectional training in different areas around the state
- Networking information
- Staff pay scales
- Pool manuals
- Instructor training certification in CPR and lifeguarding
- CPO classes

Thanks again to those who answered the survey. We have some areas that we are actively pursuing for the upcoming conference. Tune in for more information.

-Paige Appelo-Dilley

Aquatics Links

<http://aquaticisf.org/> Information on life saving and injury prevention, aquatics policies and procedures and products.

<http://www.cdc.gov/> "Center for Disease Control" Go to the search page and enter "swimming" as your search word.

<http://www.thelifeguardstore.com/> On-line catalog of equipment for lifeguards, aquatic areas & training supplies.

<http://www.aquaticsafetygroup.com> Resource for various publications and the "Five-Minute Scanning Strategy" materials.

<http://www.lifesaving.com/> Lifesaving Resources, Inc. Geared toward the education and training of Lifeguard, Aquatic Safety, and Recreation personnel; Public Safety and Rescue personnel; and the general public.

<http://www.aquaweb.org/> A great website for aquatic professionals, lifeguarding, aquatics, risk management, Learn to Swim and Lifesaving oriented professionals.

<http://www.turnstep.com/> A great website for fitness class ideas - dryland and aquatic.

Recreation Services

Section News

With the annual conference quickly approaching, it is time to begin thinking about new officers for the section. If you are interested in serving in the leadership of the section and getting a little more involved in the operation of ARPA please email zieak@alaskarpa.org.

Submit your games and activities to zieak@alaskarpa.org for inclusion in the online database designed for finding new games and activity ideas. List the activity name, whether it is an indoor, outdoor, or aquatic activity, the group size (small, medium, or large), equipment or facilities needed, and the description. Then you'll be able to search through the database to find a game for 5-15 people, outside with little or no equipment in just a few clicks of the button. Print out your activity and the Recreation Services Section will have our first major asset to our members online. But we really need your submissions. The database will also be able to accept new submissions online.

-Ryan McFarland

NRPA Trustee Report

The National Recreation and Park Association Trustees met in Coral Gables, FL for their spring board meeting. Fifty-one members of the governing body were present for the meeting. Following three days of committee meetings, the board met on June 1 to conduct the business of the organization. Two years ago, a governance committee was formed to review the entire operation of the association. When the study was completed and approved by the Board of Directors, the Bylaws of the Association were completely revised. The approval of the Bylaws was one of the major items at this meeting.

The advisory group called "the forum" was enlarged, and will have new responsibilities in the program area as well as take on some other duties that the Trustees had in the past. The Trustees will

continue their role as the governing body and will deal with policy, finances, personnel, administration, bylaws and other items in the administration of the organization. NRPA President Jonathan Korfhage created a special task force to work with the Citizen-Board Member Branch to review citizen participation involvement in NRPA. Citizen participation in the states is important to the success of parks and recreation programs as well as working with legislative matters concerning parks and recreation. Other items of business included: membership, awards, development and research, budget, public policy, and diversity. The NRPA National Congress will be held St Louis, October 22-26, 2003.

More information will be coming soon concerning the program sessions at the Congress.

-Bob Robertson

Welcome to Mike Bork - Valdez's new Recreation and Park Manager!

The Valdez Parks and Recreation Department has a new Manager. Mr. Michael Bork was hired in March to fill a new position that was created after our former Recreation Supervisor, Marcie Robertson left for Missoula, MT. As the Recreation and Park Manager, Mike is responsible for all of the day-to-day operations of the recreation programs and facilities, as well as oversight of the Parks Division.

Mike grew up in the Chicago area and received his Bachelors Degree in Recreation, Park and Tourism Administration from Western Illinois University. His previous work experience includes Recreation Supervisor, Outdoor Education Teacher, Horseback Riding Instructor, Lifeguard Instructor, Summer Camp Director, Wilderness Survival Skills Instructor, Teams Course Facilitator, Special Event Planner, Activity Director, and Clown (you'll have to ask him about this one!).

Mike is anxiously awaiting the arrival of his wife Mary, who has stayed in Chicago to finish out her teaching contract with a local school district.

Mike brings a lot of enthusiasm and new skills to the Valdez Department and is looking forward to meeting everyone at the fall conference in Anchorage!

Gallup Poll on Attitudes Toward Making Music Released

More than ever, Americans are saying “We want our musical instruments,” according to a 2003 survey conducted by The Gallup Organization and commissioned by NAMM, the International Music Products Association.

The survey found that musical instruments are being purchased by American homeowners at the highest levels since 1978. Slightly more than one in two, or 54 percent of households surveyed, have a member who plays a musical instrument. In 48 percent of households, where at least one person played an instrument, there were two or more additional members who also played an instrument according to the survey.

It's Never Too Early Or Too Late

No matter how young or old, Americans of all ages continue to bring music into their lives. According to the NAMM/Gallup Survey, 31 percent (up from 25 percent in 1985) of those who played an instrument were between the ages 5 to 17, and 27 percent were between the ages of 18 to 34.

The survey also found that adults are still quite active in the creation of music, with 42 percent of those surveyed between the ages of 35 to 50 currently playing a musical instrument, up from 35 percent in 1985. As for those 50 and older, 20 percent were still playing an instrument, up from 16 percent in 1985.

Conversely, the vast majority of those questioned began their musical education prior to entering their teens. In fact, some 64 percent of those questioned began musical training between the ages of 5 to 11, while 18 percent began between the ages 12 to 14.

Where We Learn To Play

At a time when school budgets are being cut, with many music education programs being reduced or slashed completely, the survey found that 30 percent of the respondents learned how to play an instrument through lessons at school. In fact, 26 percent responded that they learned by taking private lessons, 22 percent were self taught, 9 percent learned by being part of a band or school orchestra and 13 percent were either taught by a family member or friend.

1st Call 2003 ARPA Conference



Do you have your calendars marked with the dates of the 2003 ARPA State Conference?

If you do not have **October 13 – 18, 2003** marked on your calendar, take the time and effort to mark it **NOW!** **Do not miss-out on the best training opportunity that will come your way this year.**

This years ARPA conference is a joint conference with Alaska Recreation & Parks Association, the River Management, Alaska Community Education and the Alaska Statewide Annual Trails Symposium. There is a wonderful line up of speakers, educators, and information sharing opportunities available. Just look at what is planned for this year's conference:

Wildlands; River management strategies, H2O safety, management of trails, trail legal issues, and types of trails.

Aquatics; Aquatics networking and speaker Coy Jones.

Park Maintenance; Trail grooming, integrated pest management, composting, urban forestry and coloring Alaska with plants.

Community Education; Rural school issues, Dept. of Education, and Community Schools training and 21st Century grants.

Everyone; Volunteers, boards and commissions, grants, fund-raisers, and collaboration.

The ARPA conference will be held at the Hilton Hotel and the Egan Convention Center in Anchorage.

Did I mention anything about interesting and educational field trips? Check the ARPA website at <http://www.alaskarpa.org/> for the most current information. The next issue of the FLASH will have more detailed conference information. Don't wait to fill out those forms – be the first in your organization to get their request in.

Parks Maintenance Sessions for 2003

The Park Maintenance Section plans a wide variety of training opportunities planned for this fall annual conference. Watch for complete conference program information in the next issue of the FLASH. Make plans to attend the 2003 ARPA conference, October 13 – 18, 2003.

1. Composting in Alaska

Composting can be done in Alaska on a small and large scale. Information on basic scientific principals, methods and materials, benefits and uses of compost for homeowners and municipalities will be discussed.

*Michele Hébert, Land Resources Agent
Cooperative Extension Service, UAF*



2. Coloring Alaska

A presentation and discussion on use of annuals and perennial plants in bed design. Information on site selection, bed design, bed preparation, fertilization, and planning for future beds will be presented.

*Tom Martin, Parks Caretaker, Fairbanks North Star Borough
Chairman of ARPA Parks Maintenance section*

3. Integrated Pest Management

IPM of Alaska will be providing information on the need and implementation of a comprehensive integrated pest management program addressing field crops and in greenhouse environments.

*Rocco Moschetti
Owner/IPM Technician, IPM of Alaska*

4. Urban Forestry...Who Needs It?

An illustrated tour:

Results of lack of planned tree replacement, abundance of hazard trees, poor landscape design, lack of maintenance, site and tree incompatibility, program overview and benefits.

*Dan Chagnon
Acting Parks Superintendent for the Fairbanks North Star Borough Parks and Recreation Department, Parks Maintenance Section Committee Member, Alaska Community Tree Steward*

5. The Soil Food Web – What Lies Beneath

An illustrated presentation by Anchorage Daily News Garden Columnist, Jeff Lowenfels, presenting a lively slide-show about what's happening under the soil surface and on the roots of plants. He advocates the use of compost, compost tea, and fungus to revive Alaskan gardens, including trees. His web site is www.alaskahumus.com which has additional links to other related topics.

Jeff Lowenfels

Join us for these great sessions in Anchorage in October!

SPECIAL DELIVERIES FROM TWO FAR-OUT KEY NOTE SPEAKERS!!

Be sure to attend the October ARPA conference in Anchorage at the Egan Center! You won't want to miss the presentations by **Roy Moody** and **Ruby Newell-Legner**, our keynote speakers this year.



The topics Roy Moody more frequently addresses are teamwork, leadership, and coaching – just what we recreation managers need to know. Roy is a seasoned speaker at state and national conventions and has given presentations for major international and

national professional corporations and organizations. For the past 20 years, Roy has traveled around the country speaking to more than 350,000 people. He's active in his community and serves on the Albuquerque (NM) Parks & Recreation Advisory Board. Roy also serves in several volunteer and service organizations, and referees basketball.

One reason Roy Moody is a popular and entertaining speaker is that he speaks from his own experience as an athlete, coach, executive, and adult educator. Growing up on a farm in rural Alabama taught Roy invaluable lessons in teamwork, cooperation, and leadership. He has a Bachelor's Degree in Business Administration and a Master's Degree in Educational Leadership. Roy draws upon his wealth of experience and training to motivate and inspire others in their work and community service.

Ruby Newell-Legner is a Certified Speaking Professional, as well as a professional trainer and writer. She's a top rated speaker at athletic and business conferences, including numerous recreation



organizations and training programs. Ruby flavors her presentations with frequent, entertaining "Rubyisms" – strategies she has developed over her career as a public speaker and trainer. She is particularly interested in customer satisfaction training, staff development programs, and teaching managers effective strategies. Ruby keeps her presentations entertaining and lively, and geared to a diverse population. You'll enjoy her style – and you'll be challenged to try a fresh and different perspective on some of your routine tasks.

This ARPA conference promises to be a rewarding time for all of us. Bring your experiences and lessons-learned to share with other parks and recreation members! Be prepared to have a good time!!



Juneau's New Treadwell Arena



Juneau's Treadwell Arena opened in February 2003. The rink is named after the community of Treadwell and the old Treadwell Mine, near Douglas. The unheated arena will be open for ice sports from September to April. Summer use sports will include, in-line hockey, basketball and volleyball, private facility rental is also available. Total project costs for the arena were approximately \$3.6 million.

The Denali Commission, the Rasmussen Foundation, Land Water Conservation funds and private donations provided over \$1 million toward project costs. Remaining funds came from City and Borough sales tax and general fund revenue.

See Treadwell Arena on the internet:
<http://www.juneau.org/parkrec/icerink/index.php>

Share your community news with us!

Submit pictures or a short update on activities in your community to Dave Lewis at:
dave_lewis@ci.juneau.ak.us



Summer roller hockey, June 2003

Position Announcement

HEAD LIFEGUARD, PERMANENT PART-TIME POSITION, 28 average hours per week, \$14.77 Hourly.

Responsibilities include: opening and closing pool facility, inspects facility for cleanliness and for unusual circumstances before opening the facility for public use. Tests and records water chemical levels for chlorine and P.H. levels. Checks sauna for correct temperature settings. Acts as head lifeguard for facility rental; responds to emergencies and gives first aid; enforces facility rules regarding use of the pool, exercise area, and general public areas. Observes on duty staff including cashiers, lifeguards and

swimming instructors. **Minimum Qualifications:** Certified as an American Red Cross Life Guard or the equivalent, current First Aid and CPR certificates, and must be at least 18 years of age at time of appointment.

Certification as an American Red Cross Water Safety Instructor is highly desirable but not required. A completed CBJ application form, Number P001, must be received before the close of business (4:30 p.m.) on **June 27, 2003**.

Full job description and application details may be viewed at www.juneau.org/cbjobs

ARPA Board of Directors Work Session

Spenard Recreation Center

April 26, 2003

Members Present: Jeff Hawley, Bill Overbaugh, Danielle Dittmer, John McCleary, Warren Templinton, Nancy Peterson, Paige Dilley, Jerry Walton, Karen Kester, Facilitator: Kim Kiefer

We asked ourselves the question: **What can we do to improve the services ARPA now provides?**

Non-prioritized responses:

- ◆ Web based education and training
- ◆ Expand membership into a membership committee with membership people from larger sections
- ◆ NRPA connection- How can we work more with NRPA
- ◆ Outreach and inclusion- look at everyone as a member get them involved, DO ONE THING idea, How can everyone be involved in some way, and how can they be recognized for their support and dedication
- ◆ Get info to the Pacific Regional so they know what is happening here
- ◆ Quality training- specialized/niche training needed, keeps them connected w/ ARPA for hopefully long term
- ◆ Performance Goal – something we strive to do each year- How do we know we have done what we set out to do
- ◆ Continue to improve and utilize the FLASH- have section members get involved, all reps receive FLASH
- ◆ ARPA Board identifies a speaker to come up for the conference, not part of conference budget but as part of annual budget- does this exist with the education/training fund?
- ◆ How to keep boards and commission people involved?
- ◆ Membership on committees
- ◆ ARPA Board Agendas posted on web- make sure members know when/where meetings are so they can attend if they wish to
- ◆ Section meetings – real time computer conferencing, conference call capabilities with ARPA paying for the conference calling costs
- ◆ Expand ARPA through AML outreach and connections
- ◆ Each section provide at least one other additional training other than conference, pre/post
- ◆ Legislative connection- strengthen the focus in this area
- ◆ Administrative Improvements - books and reporting, treasury options, Ex. Director Option
- ◆ Organize membership, make sure people get the things we say they will receive when they become member
- ◆ Section Chairs have more people on their committee- maybe a section committee
- ◆ Permanent record of what is produced- minutes, conferences, outcomes, studies, Research Section people- who are they , who are the other chairs of sections, who is in each Section
- ◆ Membership building- outreach to all areas within each City and State organization, any organization that could benefit from our trainings
- ◆ Increase awareness of web page- add web page address to stationary, anything that goes out should have the website listed, maybe an email going out to membership when something new has been posted, don't say what in the email have people go find out
- ◆ Video/Audio tape trainings, have library with the info for people to check out
- ◆ Improve section internal networking
- ◆ Include conference info contacts, handouts, etc. on web page
- ◆ Training for section leadership
- ◆ Improve communications- membership directory

The Board then reviewed the listed and each member chose their top 5 priorities. The following list are the priorities that the Board chose to address in the upcoming year. The person(s) that said they would champion this project are also listed.

Quality Training - Bill Overbaugh and John McCleary

Membership Building - Paige Dilley and Danielle Dittmer

Administrative Improvements - Jeff Hawley

Training for Section Leaders – Karen Kester

Organize Membership and Expand Membership Committee - Kim Kiefer and Janie West

Written reports are to be sent to President Jeff by September 15, 2003, for inclusion in the ARPA Board Meeting packet. Oral updates and progress reports must be received by August 1, 2003.

If an ARPA member would like to assist with the Board priorities, please contact the Board member responsible for the follow up of the project.

The deadline for the next issue of the FLASH is August 15th.
Send your articles to Dave Lewis at dave_lewis@ci.juneau.ak.us



The Fourth of July was first celebrated on July 8th, 1776, four days after the Declaration of Independence was signed on July 4, 1776. It wasn't declared a legal holiday until 1941.



Important Fireworks safety tips:

- Never allow children to play with or ignite fireworks.
- Read and follow all warnings and instructions.
- Be sure other people are out of range before lighting fireworks.
- Only light fireworks on a smooth, flat surface away from the house, dry leaves, and flammable materials.
- Never try to relight fireworks that have not fully functioned.
- Keep a bucket of water in case of a malfunction or fire.



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